International Association of Oil & Gas Producers

Start-Work Check

Man-riding

WHEN TO COMPLETE – Before the start of any **Man-riding** activities

Confirm each control / safeguard below before starting work		Guidance for confirming each control / safeguard	Person(s) Performing Work	Start-Work Verifier
I HAVE CONFIRMED:				
1	**Personnel involved with the man-riding operations are qualified to perform their task**	• Rider, Winch operator, and Spotter have all been trained and can describe their responsibilities		
2	**The man-riding equipment is:** **• certified** **• inspected** **• rated for the task**	• Winches are certified as suitable for man-riding • Rigging equipment, including cable, inspected for wear/defects • Harness inspected per work-at-height requirements • Fall arrest gear, if using, inspected		
3	**All rotating or moving equipment close to man-riding activities are secured to prevent unplanned movement**	• Hoisting and rotating equipment in the immediate area and at different levels are not moving (e.g., set the brake for the traveling block, lock out tag out)		
4	**Communication methods have been agreed to by the workers**	• Communication methods (e.g., hand signals and radios) agreed to and tested for movement of rider - If using hand signals, confirm common understanding of hand signals to be used by the work crew		
5	**The tools/materials being used at height are secured**	• Tools used at heights have securing wire/lanyards/tethers • Materials used at height are secured in storage boxes, pouches, bags etc. • Cover openings to lower levels (e.g., gratings, gaps, etc.) or use debris nets Note: Follow the site/company dropped object prevention program (e.g., work at height tool register)		
6	**Barriers and drop/ exclusion zones are in place**	• Establish drop/exclusion zones • Control access to drop/exclusion zones during work at height (e.g. attendant or physical barriers)		
7	**The rescue plan is in place and ready to be used**	• Confirm the work crew has discussed the rescue plan, including: – How to start the rescue response – Location of rescue equipment and responders • Confirm the rescue crew: – is available – is aware of specific hazards related to this task – can execute the rescue plan		

Confirm these controls / safeguards are in place and verified prior to starting work.
Stop and seek help if anything changes.

	Printed Name & Role	Signature	Date
Start Work Verifier			

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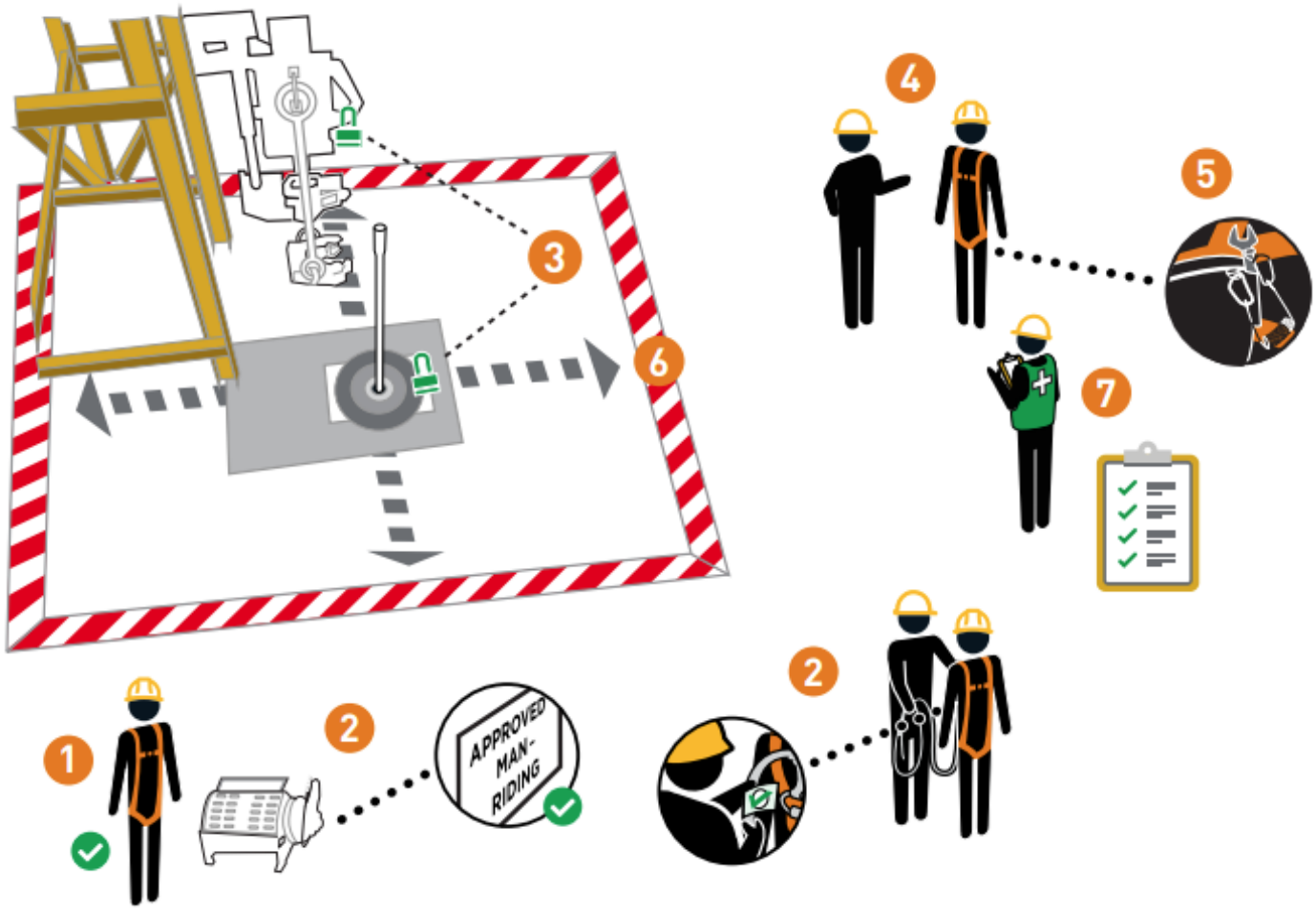
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